



AdvaCare Clinics: Spinal Injury Rehabilitation Physical Therapy

Spinal rehabilitation addresses the treatment and healing of injuries and works to prevent future injuries and disabilities. Spinal rehabilitation focus on pain relief, promoting healing, restoring function and movement associated with the injury. Other focus areas include ergonomics, fitness and wellness.

Our staff is specially trained in spinal rehabilitation. We can readily identify one dysfunction or injury from another. We work closely with you to customize the most appropriate rehabilitation program based on your particular condition. Each individual is different. We each have different bodies, movements and alignments. We customize every rehabilitation program based on the unique characteristics of each patient. When included as part of a comprehensive rehabilitation program, spinal rehabilitation is a critical ingredient in getting you back to health.

Our physicians specialize in the diagnosis and treatment of spine problems and are recognized as educators, lecturers, and researchers in the field of total spine care. From non-operative care including pain management services, our physicians are trusted and widely respected for their expertise in the diagnosis and treatment of any problem affecting the spine.

The spine conditions treated at AdvaCare Clinic include:

- Back and Neck Pain
- Scoliosis
- Back/Neck Trauma
- Disc Problems
- Degenerative Spine Conditions
- Cervical, Thoracic and Lumbar Spine Conditions
- Arthritis of the Spine
- Spinal Stenosis
- Spinal Tumors
- Spinal Fractures
- Osteoporosis

We provide an integrated approach to your rehabilitation needs. We believe physical therapy is an important aspect of caring for many spinal problems, but we also know the

importance of adding the expertise of other treatments including chiropractic, massage and exercise for a complete program. In addition to having massage therapy available, we also have a rehab facility on the premises to assist patients with a variety of exercise and rehab solutions.

If you are suffering from any type of neck or back pain, we can help.

Please contact our office at 952-835-6653.

