



## **AdvaCare Clinics in Bloomington, MN: Class 4 K Laser Treatments**

Laser Therapy treatments use specific wavelengths of light for therapeutic effects. Class 4 K Laser treatments reduce both pain and inflammation as well as enhance tissue healing in muscles, ligaments and bones. Class 4 K Laser treatments speed recovery on surgical scars by approximately 50%. It is also used on adhesion wounds, ulcers, vein and edema issues, nerve pain and numbness and tingling. It is most effective when started just hours to days after surgery.

While ablative lasers used in surgeries are close to 100 watts and used for surgical cutting. Class 4 K-Lasers produce up to 15 watts. By focusing the infrared wavelengths of the K-Laser on targeted tissue which gets Adenosine Triphosphate (ATP) energy produced. ATP transports chemical energy within cells and is also known as the “molecular unit of currency” of intracellular energy transfer.

Class 4 K Laser Treatments will:

- Promote pain relief
- Reduce muscle spasms
- Reduce inflammation
- Increase recovery time
- Promote healing
- Improve wound healing
- Promote tissue repair
- Reduce scar tissue
- Improve range of motion
- Improve peripheral microcirculation
- Eliminate trigger points

What Conditions will a Class 4 Laser be used for:

- Arthritic joints
- Frozen shoulders
- Scar tissue relief/release

- Post-surgical care for any type of scar
- Recovery for edema, pain control, improved mobility and increasing healing time.

### **Try Class 4 K Laser Treatments Before Surgery**

The Class 4 K Laser is a fraction of the cost of surgery. There are no side effects or recovery time. By combining these treatments with other treatment modalities surgery may often be avoided. Download our printable Class 4 K Laser Information Sheet.

Call our office at 952-835-6653 to schedule a consultation.

