



AdvaCare Clinics: ARTHRITIS

Chiropractic Treatment for Arthritis Bloomington MN

Arthritis is a number of multifaceted musculoskeletal disorders, unfortunately all too common and the number of people who suffer from these conditions is expected to increase. This painful and easily debilitating condition can affect anyone, at any age. There are over 100 types of arthritis and no condition is the same, which is why they all require their own specific healthcare approach. AdvaCare Clinics is located near Edina, MN and has helped countless people who are suffering from the pains of arthritis, both young and old, through Chiropractic Care.

Most Common Types of Arthritis:

Osteoarthritis

Also known as OA. This is the most common form of arthritis, this disease leads to pain because the cartilage in the joints are degenerating, causing bone on bone contact that can be extremely painful, result in body stiffness and loss of mobility. **Who is at a higher risk for Osteoarthritis?** It is more common in people that are older, obese, overusing their joints and genetics can also come into play, as well as having any past joint injuries.

Rheumatoid Arthritis

Often referred to as RA. This is the direct result of an autoimmune disease, in which your body actually attacks your joints, as if they were a harmful, though they are not. If left untreated it can lead to joint and even organ damage. Signs of RA include joint pain, swelling, fatigue and stiffness – particularly in the morning hours. Women are more at risk for the disease, though the severity differs in each person, as well as the symptoms.

Juvenile Arthritis

Many shorten this term down to JA. This is any type of arthritis condition that affects children 16 years of age or younger. There are a number of different types of JA and the reasons can be contributed to an autoimmune or an inflammatory condition of the joints. Some cases can lead to days spent in bed because of pain and lack of the ability to move. It is thought that JA is mainly hereditary. It's important to do all you can for a child that has been diagnosed because it can easily overwhelm their lives and leave them in despair.

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There is no complete cure for arthritis, the goal is to only manage the pain and decrease the symptoms. AdvaCare Clinics is passionate about helping our clients see long term relief from their acute and chronic arthritis pains. It's important to stay active, as exercise helps ensure ease of mobility, a healthy weight and can restore range of motion – for all types of arthritis. We utilize Chiropractic Care that is shown to boost the immune system but we also feel that it is most beneficial to combine multiple treatment approaches, such as physical therapy, strength and mobility exercises, massage, acupuncture and other treatments tailored to the specific arthritic condition you've been diagnosed with.

Find relief from your arthritis condition by contacting the healthcare professionals at AdvaCare Clinic. To set up a consultation fill out our [Online Form](#), email us at drdennis@advacaremn.com or call us at (952) 835-6653!

[Chiropractor Bloomington, MN](#)

For a consultation contact AdvaCare Clinics at (952) 835-6653.

